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Makutsa M. Leunita

(Ph.D., MA, B.ED) KIBABII UNIVERSITY P. O. Box 1699 - 50200, Bungoma, Kenya, East Africa. Email:lmakila@kibu.ac.ke Mobile: +254716786346



LECTURER OF PSYCHOLOGY & COUNSELLING

PERSONAL INFORMATION MAC/2019-612 mediation accreditation

Nationality: Kenyan Marital Status: Married Date of Birth: 12th December 1967 Address: P,O BOX 827-50204, KIMILILI Tel No: Mobile: +254716786346 Email: leonidamakila@yahoo.com, <u>lmakila@kibu.ac.ke</u>

Brief Bio of Leunita M. Makutsa

Leunita Makutsa, PhD. is a Lecturer of Psychology and Counseling at Kibabii University, Bungoma, Kenya? She is a coordinator Part-time, Evening and Weekend Based Programs. She holds expertise and applied knowledge across specialties including: Education; , Counseling; Mediation and training; advocacy for girls and women empowerment; behavior modification skills; Crisis management communication; adolescent crisis management; education policy and advocacy; health communication campaigns; public policy and advocacy; Fundraising/resource mobilization; She is early scholars researcher, Developing Country Fellow, has won and managed grants funded by International Society for the Study of Behavioral Development (ISSBD). She is grounded in qualitative data analysis, has published in peer reviewed journal articles as well as delivered lectures, presented papers in both local and conferences on various aspect of trauma, children and resilience. She is an educationist and Counsellor Consultant, serves as the Chair County Education Board, Bungoma County, a member of International Society for Behavioural Development(ISSBD), Scientific Research in adolescent's (SRA) and Kenya Victimology Society of Kenya (VSK).

CAREER OBJECTIVE

To excel in the field of teaching ,training, and counselling by providing consistently improved skills, updated knowledge and conducting research activities in education, psychology, and counselling disciplines.

EDUCATION BACKGROUD	
2012-2018 Doctor of	Philosophy in Counseling Psychology
Kenyatta U	niversity, Kenya
Thesis Tit	e: "Selected personal factors enhancing Resilience in school adaptation
among chi	dren in Post war context in Mt. Elgon sub-county, Bungoma County Kenya"
2003-2005 Master of	Arts (Counseling Psychology)
Kenyatta U	niversity, Kenya
Thesis Title	: "A study of HIV and AIDS Awareness in relation to contraceptive
practices of	mong married child-bearing women in Kimilili Division,Bungoma
District, Ke	enya"

1989-1991	Bachelor of Education (Arts)	
	Second Class Honors, Upper Division	
	Kenyatta University, Kenya	
1986-1987	Kenya Advanced Certificate of Education	(KACE)
	3 Principals and 1 Subsidiary	
	Chwele Girls High School	
1882-1985	Kenya Certificate of Education (KCE)	
	Second Division(2 ND)	
	Madzuu Girls High School	
1974-1981	Kenya Certificate of Primary School (1	K.C.P.E):
	27 points	
	Ebwali Primary School, Vihiga	
PROFESSIONA	L AND SHORT COURSES	
DATE	COURSE	AWARDING BODY
April 22nd -26th 2019	Material Development	Captiva International Limited
April 17 th -20	Clinical Supervision	Satir Institute of The Pacific
2019		in Collaboration with Satir
		Institute of Africa
March $26th - 30^{th}$	Gender Mainstreaming in Higher	Covenant University& Ahmadu Bello
2018	Education & Forensic Victimology	University, Nigeria& Association of
		Common Wealth Universities(ACU)
July 24th -28th	Certified Professional Mediator	Mediation Training Institute International
2017	Certificu I Tolessional Meulator	(MTI EA)
11 th - 24 th Aug 2002	National Induction Course on GC	Kenya Education Staff Institute(KESI)
11 21 110g 2002		
EMPLOYMENT HIST	ORY	
2015-То	Lecturer	
Present	Department of Psychology & Early Child	hood , Kibabii University, Bungoma, Kenya
	My duties and responsibilities include:-	
	 Teaching the following courses at 	the undergraduate level:-
	 General Educational 	Psychology
	 Family ,sex and Mari 	tal Therapy
	 Adolescent and adult 	psychology
	 Personal Constructs a 	and skills in counselling
	 Counselling theories 	and techniques
	 Setting and marking examinations 	8
	 Supporting students through ment 	torship
	 Designing Modules 	-
	 Mounting Programmes 	
	 Supervising students' research ac 	tivities
	 Developing and implementing ne 	
	changes in research	6
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L	 Designing, preparing and develop 	mig teaching materials

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 Teaching the following courses at the undergraduate level:- General Educational Psychology Family, sex and Marital Therapy Adolescent and adult psychology Personal Constructs and skills in counselling Counselling theories and techniques Introduction to Guidance & Counseling Setting and marking examinations Supporting students through mentorship Developing and implementing new methods of teaching to reflect changes in research Designing, preparing and developing teaching materials April 2011-Aug 2011 Department of Student Affairs , Mt. Kenya University, Thika, Kenya Promoting Students Welfare (Psychological and Emotional) Provide Career Guidance and Placement Services in collaboration with Academic Departments Organize and coordinate Public Lectures Mount Training Programs for Peer Counsellors and other Groups Offer Extension Services in collaboration with social welfare departments Mediate between external community and local community Give feedback to Vice Chancellor or DVC Academic Affairs on the trends of the counselling Issues Attend Disciplinary Meetings Liaise with Dean Of students and CCCAS Manager and other relevant offices of the Institution. Selected Achievements Organize orientation Programs for peer ducators graced by the VC		•
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 Contributed substantially to reducing number of indiscipline cases through counseling and Mentorship 		 Consistently liaised with Dean of Students in handling Students welfare issues Organize orientation Programs for both regular school based students Mounted a workshop for peer educators graced by the VC Contributed substantially to reducing number of indiscipline cases through

Sept 2010 to 2011	Part-Time Lecturer
	Department of Psychology & Educational Foundations, University Of Kabianga, Kericho,
	Kenya
	My duties and responsibilities include:-
	 Teaching BA Counseling Psychology & BED courses (school based),
	Teaching the following courses at the undergraduate level General
	Introduction to counseling, Counseling theories, Practicum 1, Chemical
	dependence, Family sex and Marital Therapy
	 Practicum supervision
	 Teaching Guidance and Counseling (Masters), courses include
	Introduction to abnormal behavior ;Theories of Marital and Family therapy 2: Models of chemical dependence studies and lifestule
	therapy 2; Models of chemical dependence studies and lifestyle rehabilitation; Assessment Diagnosis of Personality and
	Psychopathology
	 Setting and marking examinations
	 Advisory and mentorship
	 Designing, preparing and developing teaching materials
August2010 to April	Part-Time Lecturer
2013	Department of Psychology, Mt.Kenya University, Thika Campus, Kenya
	My duties and responsibilities include:-
	 Teaching BA Counseling Psychology (school based), Teaching the
	following courses at the undergraduate level General Introduction to
	counseling, Counseling theories, Practicum 1, Chemical dependence
	,Family sex and Marital Therapy
	 Mounting Modules
	 Practicum supervision
	 Setting and marking examinations
	 Advisory and mentorship
	Designing, preparing and developing teaching materials
Aug 2009-2011	Part-Time Lecturer
Aug 2007-2011	Department of Psychology, Mt.Kenya University, Eldoret Campus, Kenya
	My duties and responsibilities include:-
	 Teaching BA Counseling Psychology (school based), Teaching the
	following courses at the undergraduate level General Introduction to
	counseling, Counseling theories, Practicum 1, Chemical dependence
	Family sex and Marital Therapy
	 Mounting Modules
	 Practicum supervision
	 Setting and marking examinations
	 Advisory and mentorship
	Designing, preparing and developing teaching materials

Aug 2009- 2011	Graduate Principal Teacher (2) Job Group N
	Teachers Service Commission (TSC)
	Head of Department, Guidance and Counseling, Dandora Sec School
	My duties and responsibilities include:
	As a teacher:
	 Teaching,
	 Setting and marking examination
	 Advisory and Mentorship
	As HOD
	 Advisory and mentorship
	 Teaching Orientation or adaptive Services
	 Appraisal or inventory services
	 Information or distributive services
	 Counselling Services
	 Follow-up, research, and evaluation services
1998-2008	Senior Graduate teacher Job Group "M"
	Teachers Service Commission (TSC)
	Head of Department, Guidance and Counseling, Kimilili Boys High School, Kimilili Girls,
	Bungoma
	My duties and responsibilities include:-
	As a teacher:
	 Teaching,
	 Setting and marking examinations
	 Advisory and Mentorship
	As HOD
	 Advisory and mentorship
	 Teaching Orientation or adaptive Services
	 Appraisal or inventory services
	 Information or distributive services
	 Counselling Services
	 Follow-up, research, and evaluation services
1001 1004	Assistant Taashan Jah Crown (1)
1991-1994	Assistant Teacher Job Group 'L' TSC , Bishop Anyolo Kakamwe, <i>Namwela sec School</i>
	 My duties and responsibilities include:
	As a teacher:
	 Teaching,
	 Setting and marking examinations
	Advisory and Mentorship

PUBLICATIONS, CONFERENCES AND WORKSHOPS

BOOKS

1. Leunita, M. M, and Janet, N. (2016). Psy 211 Introduction to General Educational Psychology, *Published by Kibabii University*

BOOK CHAPTERS

Rispah, W., **Leunita**, M., and Simiyu, I., (2019): "Moral Education and Societal Development: Is the Reintroduction of social Education Ethics the Panacea for Society's Moral Challenge? African Journal of Education and Social Sciences(*AJESS*) *Volume 4*)

SELECTED PUBLICATIONS

 Makutsa, L.Makila.,(2021): "Demographic characteristic differences and levels of resilience influencing school adaptation among children in post war context *IORS Journal in Humanities and Social Sciences* (*IORS-JHSS*) with following link:

http://www.iosrjournals.org/iosr-jhss/pages/25(12)series-8.html (Submitted for publication)

- 2) John M.Gicharu; Zipporah Kaaria & Makutsa L.M., (2020): "Influence of Peer Pressure on Deviant Behaviors among Male Prisoners in Kiambu County. Academic Journal of Social Sciences and Education (AJSSE), 7(3), 86-103. http://new.ajsse.org/ojs/index.php/1/article/view/10
- 3) Odera J. Akinyi; Zipporah Kaaria; Leunita M. Makila.,(2020):, Preretirement Preparation Influence on Adjustment of Retirees: A case of ministry of Industry, Trade and Cooperatives,Nairobi county, *International journal of innovative research and knowledge volume-5 issue-8, august 2020,* www.ijirk.com 25 | p a g e
- 4) Makutsa, L.M; Sirera M; Wasanga C.,(2018) : " Academic competence as a personal factor influencing context, *International Journal of Current Research*, 10, (02), *pp.66058-66063*.
- 5) Makutsa, L.M; Sirera M; Wasanga C.,(2017) : "Influence of Self -Regulation on Resilience in School Adaptation in Post War Context, Mt.Elgon sub county, Bungoma County, Kenya. *International Journal of Education and Evaluation ISSN 2489-0073 Vol. 3 No. 10*
- 6) Aristariko Omuhinda; Sarah Likoko;Leunita M.Makutsa;Oroni B.,(2017).,,Attitudes towards HIV and AIDs Testing Among Secondary School Students in Emuhaya District, Kenya. *International Journal of Education and Evaluation, ISSN 2489-007*
- 7) Nambaka E.L., Makutsa L. M., Sellah C. (2014): "Psychosocial factors responsible for delinquent behavior among secondary school students: A case study of Tongaren district, Kenya. A comprehensive Academic Journal of Social Sciences Vol.3 Issue No.1, pp100-149 Academic Journals ISSN 000-273-874-32.
- 8) Makutsa L.M ,Kaberia, Kanini(2012) Contraceptive use against HIV/AIDS among child bearing women in Kimilili Division Bungoma District"
- 9) Namaan,Dr Wepukhulu,Makila ,Injedi Namaan,Dr Wepukhulu,Makila ,Injedi (2013)"An Inquiry about a definition of ethics"
- 10) Namaan, Dr Wepukhulu, Makila , Injedi (2013) Phenomenology of Religion

11) Namaan,Dr Wepukhulu,Makila ,Injedi (2013)Religion and culture:An Analysis of concomitant com indispensable interdependence of Religion,culture and communication

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SELECTED CONFERENCES

- 1) **SRA Virtual** Conference entitled Interdisciplinary and the Advancement of Research on Adolescents on Tuesday February 16,2021
- 2) Makutsa, L.M(2018): Presented a Ph.D. Research Findings Entitled "Personal Factors Influencing Resilience In School Adaptation Among Children in Post War Context." During 37th University Postgraduate Seminar, 30th Nov.2018 at Kenyatta University
- 3) Makutsa, L.M; Sirera M; Wasanga C.,(2017): Influence of Self -Regulation on Resilience in School Adaptation in Post War Context, Mt.Elgon sub county, Bungoma County, Kenya. *A paper presented* at International "ISSBD Regional Workshop" Universita Cattolica del Sacro Cuore, Milan, ITALY 5th-7th February 2018
- 4) Makutsa L.M; Patrick W; Wepukhulu R.,(2018): Mindful-ness Based Technology: An Intervention in Schools. A paper presented during the 3RD International Conference on Creativity & Innovation, for Sustainable Development, Kibabii University, 12-14th June 2018
- 5) Makutsa L.M., (2017): Prevention Of Depression in Adolescence: The use of Skill Facilitation Approaches. A paper presented during the 2nd Interdisciplinary International Scientific Conference held on June 14th-15th, 2017
- 6) **Makutsa** L.M., (2013): Trauma in Children: An analysis of Self-regulation skills. A *paper* presented during Transformative Education For Development: An African Perspective, Riara University, Kenya, 18th-20th July, 2013
- 7) Makutsa L.M., (2012): Socio-Cultural barriers influencing HIV/AIDS Infection Among married child-bearing women in Kimilili Division ,Bungoma District, Kenya . *A paper presented during* Action Research in Higher Education and Development in Africa ,Masinde Muliro University of Science and Technology(MUSCT), Kenya June 2012

WORKSHOPS AND TRAININGS

- 1) Workshop on Grant Proposal Writing Workshop at Kibabii University held on 6th-8th March ,2017
- 2) Workshop on *Module Writing* at Kibabii University held on 6th-8th March,2017
- 3) Workshop on *Curriculum Review Training* at Kibabii University, *Sep* 22nd-25th, 2016.
- 4) Workshop on Grant Proposal Writing Workshop at Kibabii University held on 6th-8th March
- 5) Workshop on *Pedagogical Skills Training* at Kibabii University held on 27th -28th July 2015
- 6) Workshop on *Psycho Trauma Healing and Reconciliation hosted by* African Mental Health Foundation &Peter C, Alderman Foundation *at CUEA on 5-9th July,2010*
- 7) Workshop Mobilizing youth for Action by USAID

THESIS SUPERVISION OF MASTERS STUDENTS

Completed

- John M.Gicharu, [2020 MA- Counseling Psychology]; Influence of Peer Pressure on Deviant Behaviors among Male Prisoners in Kiambu County, Kenya Methodist University(KeMU), Kenya
- Odera Jennifer Akinyi, [2020 MA- Counseling Psychology]; Preretirement Preparation Influence on Adjustment of Retirees: A Case of Ministry of Industry, Trade and Cooperatives, Nairobi County, Kenya Methodist University, Kenya
- Julia Gakii Muthuuri [2019 MA. Counseling Psychology];Influence of selected Psychosocial challenges on AcademicPperformance among first year students in Kenyatta University, Nairobi county, Kenya (To graduate 2021) (External Examination)- Final Thesis STAGE

Currently Supervising

- Julia Gakii Muthuuri [2019 MA. Counseling Psychology];Influence of selected Psychosocial challenges on AcademicPperformance among first year students in Kenyatta University, Nairobi county, Kenya (To graduate 2021) (External Examination)- Reading thesis
- **9)** Marion Wambui Keinamma [2021 PhD. **Counseling Psychology**];Qualitative Analysis of Influence of Parent-Interactions on Depression among Community Adolescents in Dagoretti North Constituency Nairobi County, Kenya: The Moderating Role of Psycho-education, PA University, Kenya(External Examination) -Proposal stage
 - 10) Agnes W. Bakari [2019 MA. Counseling Psychology]; Factors influencing delinquency in children: A case of Malindi Township, in Kilifi county, Nazarene University, Kenya. (External examination) proposal stage
- Lydiah Nafula Matisi [2019 MED. EPM]; determinants of implementation of strategic plans in public secondary schools in Nambale sub county, Busia County Kenya, Kibabii University, Kenya - Thesis stage
- 12) Agnes Mugure Kariuki [2019 MA. Counseling Psychology]; proposed topic of study: Effects of depression on children after divorce in north imenti sub-county, Meru Sub county, Nazarene University, Kenya (External Examination)- Thesis stage

THESIS EXAMINATION(EXTERNAL EXAMINER)

Completed

- 1) Mwangi Grace Wairimu [2020 MA. Counseling Psychology]; Influence of Social Media use on the Psychological well-being of the youths in Nakuru East sub-county, Nakuru county, Kenya, SPU
- 2) Ng'ang'a Ruth Nyambura [2020 MA. Counseling Psychology]; I nfluence of parenting styles on adolescent's psychosocial adjustments: A case of public primary schools in Kivumbini Ward, Nakuru East sub county, Nakuru county, Kenya, SPU
- 3) Mary Gathoni Njuguna [2020 MDS . Developmental Studies]; Influence of Contextual Factors on Alcohol Abuse in Kiambu County: a case of Kamirithu sub-location, Limuru sub-county, Kenya , SPU
- 4) Moffat Njoroge Maina [2020 MDS. Developmental Studies]; Socio-Economic Effects of alcohol consumption on families among public day secondary school students in Kiharu sub-county Murang'a, Kenya, SPU
- 5) Stephen Nganga Njoroge [2020 MDS. Developmental Studies]; Effectiveness of Social support for the wellbeing of Retired Clergy in the Presbyterian Church of East Africa, Kenya, SPU

MEMBERSHIP TO PROFESSIONAL ORGANIZATIONS

- 2016-Present Kenya Counseling Psychological Association(KCPA)
- 2017-Present Member, International Society For the study of Behavioral Development(ISSBD)
- 2014-Present Member, Kenya Guidance Counseling and Psychological Association(KGCPA)
- 2014- Victomology Society Of Kenya(VSK)

ADMINISTRATION AND RESPONSIBILITIES

2020- Present, **Coordinator Part time, Evening and Weekend Based Programs**, Kibabii University 2020- Present, **Member Board of the office of Carrers Services committee**, Kibabii 2020-Present, **Member Ad-hoc Committee** to Develop Technology Enabled Learning Policy, Kibabii University 2015- 2020 –**Coordinator School Based Programmes**, Kibabii University

2011-2015, Member Teaching Practice Zonal coordinator, University of Kabianga

2011- Member HIV/AIDS Control Unit. Mt. Kenya University.

Other Activities

1. Development of the following programmes:-

- Master of Arts in Counselling Psychology
- BA Counseling Psychology
- Module Writing -Psy 211
- 1. Participation inOrganizing 1st International Conference at Kibabii University
- 2. Participation inOrganizing 1st Gender Workshop, Kibabii University
- 3. Rapporteur in conferences-Kibabii& Kabianga Universities
- 4. Facilitating Student leaders seminars
- 5. Facilitating Gender Mainstreaming Workshops-Kibabii University and UOK Short Courses Programmes in Management & Leadership

HONORS AND AWARDS

- 2020: Won Award for Developing County Fellowship (DCF), funded by ISSBD to Conduct Research in Mt. Elgon.
- 2019: Funding to conduct Research "Socio-economic and cultural correlates of social vices

among students of Kibabii University and the Impact on the neighbourhoods."

- 2019: Appointed as Chairperson, County Education Board, Bungoma County
- August 2014: Engaged in Round table discussion on school counseling in Kenya with Experts in Psychology from USA.

PRO	FESSIONAL CONSULTANCY AND INDUSTRY
2019 to Date	Director
	KIMA Educational And Research Consultancy
Oct 2020-	 Functions Training /Workshops: Capacity building across discipline to all persons,
Jan 2021	Transformational Leadership skills training sessions, How to write a winning proposal
	 Motivational Speaking
	 Academic Counseling
	 Wellness programs
	 Career planning programs
	 Christian counseling
	Referrals
2016 t0 date	Director
	Family Counseling &Psychological Support Centre(FCPSC), Bungoma, Kenya
	Functions
	 Counseling

	 Crisis Intervention Interpersonal Services Psychosocial services Strategic Management Training
Oct 2020-Jan 2021	COMMUNITY ANGAGEMENTS Facilitator/Trainer, Mental Health Campaign for Health Care Workers in Africa October 2020- Jan 2021
Jan 2021 to date	 SRA COVID-19 Response Team-A member of the SRA Response Team The SRA COVID-19 Response Team serves to develop and support collaborations
2019 to date	among researchers who study the impact of the COVID-19 pandemic on the healthy development of youth and the institutions that serve them, with an emphasis on international and interdisciplinary scholarship.
	 Roles Research and Presentation of poster papers 5min Flash talk Attending virtual workshops/conferences Research Engagement on Adolescents
2019 to date	Chair County Education(CEB) Bungoma County,Kenya My duties and responsibilities include:- • oversee in consultation with the county government, the operation and management of youth
	 polytechnics, pre-primary education including early childhood care and education programmes in the county; coordinate and monitor education and training in the County on behalf of the national government and the county government; interpret national policies in education based on the county's needs;
	 initiate proposals for policy reforms; plan, promote, develop, and coordinate education, training and research in the county in accordance with the provisions of the Basic Education Act, the national education policy and the laws and policies of the county government; collaborate with the Board of Management, the Principal, the Head Teacher, and other appropriate authorities in the management of basic schools; register and maintain a data bank of all education and training institutions within the county;
	 register and maintain a data bank of an education and daming institutions which he county; monitor curriculum implementation in basic education in the county; monitor the conduct of examinations and assessments at the basic education and training levels in the county in collaboration with all the relevant national bodies; collaborate with the Teachers Service Commission on teacher management within the county; prepare and submit a comprehensive school termly annual report including Educational Management Information System data to the Cabinet Secretary on all areas of its mandate including education and training services, curriculum, policy implementation and school-based
	 audit report within the County; coordinate with all relevant agencies to ensure that all the barriers to the right to quality education are removed and with National Government to facilitate the realization of the right to education within the county;

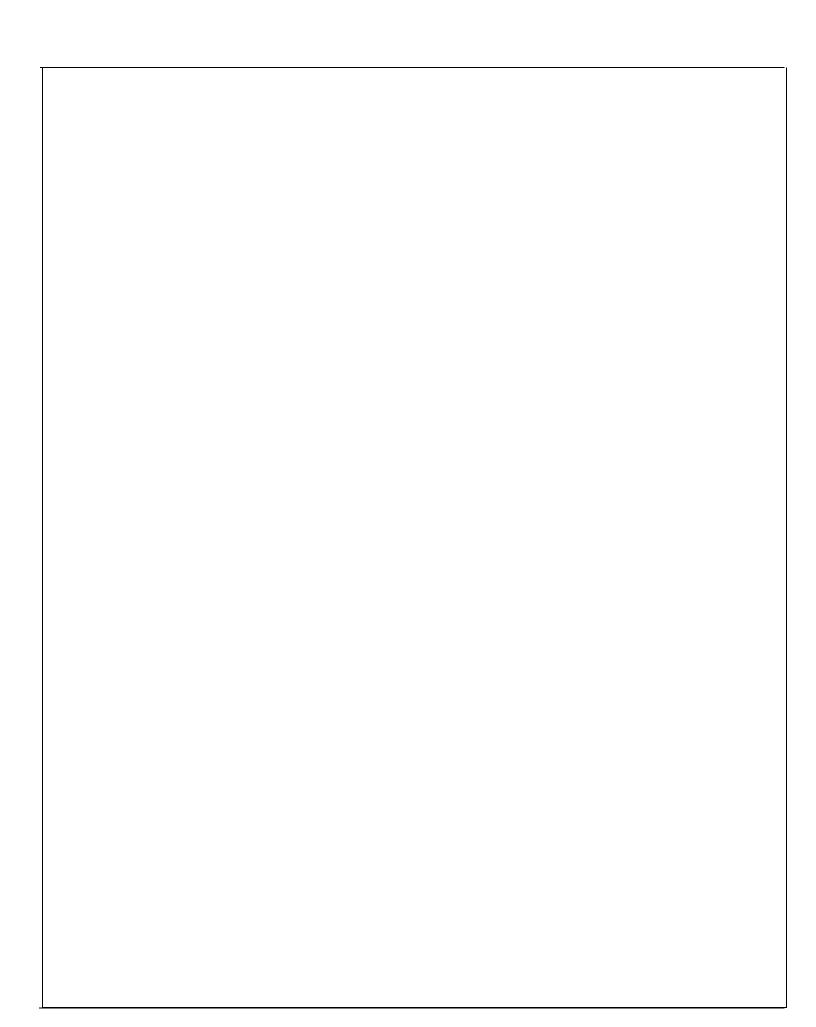
	Psycho- Education
	 Crisis Management
2007 to date	Counsellor /Trainer with RED CROSS
	Bungoma County" for
2009	Trauma and Crisis Counseling Project for the internally displaced students from
Oct 2008-	Project Manager, Interchristaian Fellowhip Evangelical Mission(ICFeM)
0 / 2000	
	counseling firms and counseling needs at county level.
	Works on behalf of the Chair KCPA National office to Oversee the functions of
	Role:
	Kenya Counseling and Psychological Association, Bungoma Chapter
2019 to date	Chair, KCPA
	Ensured that the county has Current data bank of all education and training institutions
	 Participated in Organizing stakeholder Meetings to address school unrests Mounted and conducted GC Training for G C HODs in schools throughout the County
	 education in the county Participated in Organizing stakeholder Meetings to address school unrests
	• In liaison with other stakeholders I o close monitoring ofb curriculum implementation in basic
	Selected Achievements
	the county in collaboration with all the relevant national bodies;
	• monitor the conduct of examinations and assessments at the basic education and training levels in
	the county education board under the Basic Education Act or any other written law.
	 perform such other functions as may be necessary for the better carrying out of the functions of
	• put measures in place to ensure all children and the youth of school-going age within the county attend and stay in to complete basic education.

<u>REFEREES</u>

NAME: Prof ISAAC IPARA ODEO ROLE: VICE CHANCELLOR, KIBABII UNIVERSITY ORGANIZATION:P.O. Box 1699-50200, BUNGOMA Email:<u>ideo@kibu.ac.ke</u>

NAME: PROF J. MAIYO ROLE : DEAN FACULTY OF EDUCATION AND SOCIAL SCIENCES ORGANIZATION: KIBABII UNIVERSITY CONTACT: 0721223154 Email: maiyojulius@kibu,ac.ke

NAME: DR. ANN SIRERA ROLE : SENIOR LECTURER, DEPARTMENT OF PSYCHOLOGY ORGANIZATION: KENYATTA UNIVERSITY CONTACT: 0729915257 Email: amsirera @gmail



THESIS EXAMINATION